

# NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 Hydrofit 8-9a MWF 10/15-11/15	25 F Early Bird 6-7:25a ES PE 7:30a-2:30p Hydrofit 8-9a Varsity S&D 3-6p Dogfish 5:30-7p Rec Swim 7-8p	26 A Early Bird 6-7:25a ES PE 7:30a-2:30p  Varsity S&D 3-6p Merc 6-8:30p	27 B Early Bird 6-7:25a ES PE 7:30a-2:30p Hydrofit 8-9a Varsity S&D 3-6p	28 C Early Bird 6-7:25a ES PE 7:30a-2:30p  Varsity S&D 3-6p Merc 6-8:30p	1 D Early Bird 6-7:25a ES PE 7:30a-2:30p Hydrofit 8-9a Varsity S&D 3-6p Dogfish 5:30-7p Rec Swim 7-8p	2 Girls Varsity 8-11a
3	4 E Early Bird 6-7:25a ES PE 7:30a-2:30p Hydrofit 8-9a Varsity S&D 3-6p Dogfish 5:30-7p Rec Swim 7-8p	5 F Early Bird 6-7:25a ES PE 7:30a-2:30p  Varsity S&D 3-6p Merc 6-8:30p	6 A Early Bird 6-7:25a ES PE 7:30a-2:30p Hydrofit 8-9a Varsity S&D 3-6p	7 B Early Bird 6-7:25a ES PE 7:30a-2:30p  Varsity S&D 3-6p Merc 6-8:30p	8 C Early Bird 6-7:25a ES PE 7:30a-2:30p Hydrofit 8-9a Varsity S&D 3-6p Dogfish 5:30-7p Rec Swim 7-8p	9
10	11 <b>Veteren's Day</b>  Varsity S&D 3-5:30p	12 D Early Bird 6-7:25a HS PE 7:30a-2:30p  Varsity S&D 3-6p Merc 6-8:30p	13 E Early Bird 6-7:25a HS PE 7:30a-2:30p Hydrofit 8-9a Varsity S&D 3-6p	14 F Early Bird 6-7:25a HS PE 7:30a-2:30p  Varsity S&D 3-6p Merc 6-8:30p	15 A Early Bird 6-7:25a HS PE 7:30a-2:30p Hydrofit 8-9a Varsity S&D 3-6p Dogfish 5:30-7p Rec Swim 7-8p	16 Varsity S&D 8-11a
17 Hydrofit 8:30-9:30a BDF days 11/18-12/20	18 B Early Bird 6-7:25a MS PE 7:30a-2:30p Hydrofit 8:30-9:30a Varsity S&D 3-6p Dogfish 5:30-7p Rec Swim 7-8p	19 C Early Bird 6-7:25a MS PE 7:30a-2:30p  Varsity S&D 3-6p Merc 6-8:30p	20 D Early Bird 6-7:25a MS PE 7:30a-2:30p Hydrofit 8:30-9:30a Varsity S&D 3-6p	21 E Early Bird 6-7:25a MS PE 7:30a-2:30p  Varsity S&D 3-6p Merc 6-8:30p	22 F Early Bird 6-7:25a MS PE 7:30a-2:30p Hydrofit 8:30-9:30a Varsity S&D 3-6p Dogfish 5:30-7p Rec Swim 7-8p	23 Varsity S&D 8-11a
24	25 A Early Bird 6-7:25a Hydrofit 8:30-9:30a  Dogfish 5:30-7p Rec Swim 7-8p	26 B Early Bird 6-7:25a Hydrofit 8:30-9:30a  Varsity S&D 11-1:30p Merc 6-8:30p	27 Early Bird 6-7:25a Varsity S&D 8-11a	28 <b>Thanksgiving</b>	29 Early Bird 6-7:25a Varsity S&D 8-11a	30 Varsity S&D 8-11a